Dan Benson
County Executive

Site: Robbinsville Site Manager: Beth Rinyu Phone Number: 609-25-1567

The Nutrition Program continues to grow! To make room for all participants, reserve your spot ahead of time.
If you cannot join us, make sure you cancel your reservation. Thank you for your consideration.

DEC 2026 (Pick either Standard or Vegetarian Menu)



Monday	Tuesday	Wednesday	Thursday	Friday
	1 **Standard:** / **Vegetarian:** Cheese Omelet / Black Bean Chili (2) Turkey Sausage / Brown Rice (2) Hash Browns & Ketchup / Broccoli (1)French Toast / Corn Muffin Blueberry Sauce JUICE RASPBERRY/CHERRY YOGURT	**2** **Standard:** / **Vegetarian:** Meatballs / Mac & Cheese Tomato Sauce / Broccoli Spaghetti Sugar Snap Peas Parm Cheese MINESTRONE SOUP ROSEMARY GARLIC DINNER ROLL VANILLA PUDDING	**3** **Standard:** / **Vegetarian:** Kielbasa w/ Mustard / Mushroom Edamame Club Roll / Ragout Noodle Sauerkraut / Green Beans Red Skin Potato Chunks / WW Dinner Roll SPLIT PEA SOUP GARDEN SALAD w/ GRAPE TOMATOES CUCUMBERS & BALSAMIC DRESSING TROPICAL MIXED FRUIT	**4** **Standard:** / **Vegetarian:** White Fish / Autumn Veggie w/Tarter Sauce / Sweet Potato Bowl Butternut Chunks / Cannellini Beans Mixed Oriental Veggies / Okra & Tomatoes Cheddar JUICE CORN MUFFIN BLUEBERRY FIG BAR
7 **Standard:** / **Vegetarian:** Turkey Pastrami Reuben w/ / Cheese Omelet Swiss Chees / Diced Potatoes Sauerkraut / Peppers & Onions Potato Salad / Cheddar 1000 Island Dressing / Ketchup (2)Rye Bread / Cinnamon Apple Muffin Beef Barley Soup / Juice MANDARIN ORANGE CUP	**8** **Standard:** / **Vegetarian:** Chicken Curry / Black Bean Chili White Rice / Cheese Sauteed Spinach / Brown Rice Lentil Soup / Broccoli WW Bread / Cornbread Juice CHOCOLATE PUDDING	**9** **Standard:** / **Vegetarian:** Salisbury Steak / Latin Chickpea Barley Bowl w/ Gravy / Mixed Vegetables Egg Noodles / Cheese Green Beans / Tortilla WW Bread JUICE GARDEN SALAD W/ GRAPE TOM,SHRED CARROT, CUCUMBER, LITE RANCH PEACH CUP	**10** **Standard:** / **Vegetarian:** Chicken with Mole Sauce / Falafel Patties Brown Rice / & Lemon Sauce Broccoli / Brown Rice/Quinoa WW Bread / Tomato & Spinach Pita Bread CORN CHOWDER RASPBERRY/ CHERRY YOGURT	**11** **Standard:** / **Vegetarian:** Crab Cake / Mushroom Edamame w/ Tarter Sauce / Ragout Noodle Mac & Cheese / Green Beans Stewed Tomatoes / WW Dinner Roll WW Hamburger Bun JUICE TROPICAL MIXED FRUIT
14 **Standard:** / **Vegetarian:** Chicken Francaise / Baked Ziti w/ Tom Sauce w/ Lemon Sauce / Mozzarella & Ricotta Penne / Parmesan Winter Mixed Vegetables / Cauliflower & Cheese MINESTRONE SOUP ROSEMARY GARLIC DINNER ROLL BANANA MUFFIN	**15** **Standard:** / **Vegetarian:** Beef Tacos w/ / Macaroni & Cheese Sautéed Peppers & Onions / Broccoli Shredded Cheddar / Rosemary Dinner Roll Shred Lettuce /Chopped Tomato Black Beans (2)Flour Tortillas Salsa CREAM OF MUSHROOM SOUP STRAWBERRY/VANILLA YOGURT	**16** **Standard:** / **Vegetarian:** Chicken Pot Pie / Mediterranean Ratatouille Mixed Vegetables / Quinoa & Bean Bowl Coleslaw / Brown Rice Chicken Rice Soup / Juice ROSEMARY GARLIC DINNER ROLL ***BIRTHDAY CUPCAKE***	**17** **Standard / Vegetarian:** FETTUCCINI ALFREDO ITALIAN MIXED VEGETABLES ROSEMARY DINNER ROLL MOZZARELLA CHEESE STICK JUICE MIXED GREENS W/ RED ONION GRAPE TOMATOES & 1000 ISLAND DR. OATMEAL COOKIE	**18** **Standard:** / **Vegetarian:** NUTRITION CLOSED
21 **Standard:** / **Vegetarian:** Hamburger w/ Am Cheese / Veggie Burger Baked Beans / Black Bean & Tomato Coleslaw / Cauliflower BUTTERNUT SOUP WW HAMBURGER BUN LETTUCE LEAF & TOMATO SLICE LITE MAYO/MUSTARD/ KETCHUP PEACH CUP	**22** **Standard:** / **Vegetarian:** Cheese Pizza / Mediterranean Ratatouille w/ Mushrooms / Quinoa & Bean Bowl Broccoli / Brown Rice Cheese Tortellini W/ Pesto / WW Bread French Onion Soup / Juice Cheese & Garlic Croutons TANGERINE	**23** **Standard:** / **Vegetarian:** Chicken Tenders / Latin Chickpea Barley Bowl Tator Tots / Mixed Vegetables Club Roll / Chedda Honey Mustard / Tortilla CREAM OF MUSHROOM SOUP COLESLAW APPLESAUCE	**24** **Standard:** / **Vegetarian:** NUTRITION CLOSED	**25** CLOSED Merry Christmas!
28 **Standard:** / **Vegetarian:** Sliced Beef & Cheddar / White Bean Cassoulet Club Roll / Barley Salad Mayo & Mustard / Buttered Zucchini Green Bean Salad / WW Bread Lettuce & Tomato slice Italian Pasta Salad JUICE APPLESAUCE	**29** **Standard:** / **Vegetarian:** Mild Turkey Chili / Latin Chickpea Barley Bowl Rice / Mixed Vegetables Shredded Cheddar / Brick Cheddar Cheese JUICE MIXED GREENS w/ SHREDDED CARROT, RED ONION GRAPE TOMATOES & RANCH DRESSING CORN MUFFIN FIG BAR	**30** **Standard:** / **Vegetarian:** Tuna Salad / Mushroom Edamame Potato Salad / Ragout Noodle Club Roll / Green Beans Lite Mayo / WW Dinner Roll JUICE COLESLAW CHOCOLATE CHIP COOKIE	**31** **Standard:** / **Vegetarian:** NUTRITION CLOSED	

Site Activities

EWING
12/3/2026

"Senior Medicare Patrol"

Val Escudero,
Jewish Family Services

PRINCETON
12/8/2026

"Emergecny Preparednedd for Older Adults"
Carina Marzec,
MC Emergency Management

EAST WINDSOR
12/10/2026

"Healthy Outlooks"

Lisa Kauffman,
Mercer Council on Alcholism & Drug Addiction

EAST WINDSOR
12/14/2026

"Gambling & Older Adults"

Jeanne Swain,
NJ Council on Compulsive Gambling

EWING
12/14/2026

"Unclaimed Property"

Lori Jones
NJ Treasury

DAILY MEAL:
MILK, BUTTER
& HOT BEVERAGE

MENU IS SUBJECT TO CHANGE